



WILLOWBROOK

*Assisted Living*



## About Us

Founded in 2000, WillowBrook is a privately-owned and operated assisted living community located in Lake City, Florida. WillowBrook provides the highest quality of care for our residents while upholding their independence and integrity. Our trained, compassionate and dedicated staff create a safe, healthy, and loving home environment for each resident while combining the privacy of living in one's own home. Each resident can feel secure knowing that a dedicated health care team is nearby 24 hours a day, seven days a week.

The WillowBrook community, set in a beautiful landscape, is for seniors who want to maintain their rich, rewarding life without the responsibilities of running a household. Our residents can relax on our patios, porch areas, screened porch, and gazebo which overlooks a peaceful pond. We offer a choice of spacious private and companion rooms, restaurant-style dining, housekeeping services, exercise, daily activities and much more. WillowBrook provides a wide range of services and amenities that enable our residents to derive meaning and value from every day.

We look forward to welcoming you to your new home.



## **Level of Care**

A majority of our population think "assisted living" is a politically correct term for "nursing home" and this is far from true. Nursing homes, or skilled nursing facilities, are designed for people with many health requirements who are unable to care for themselves. Whereas, assisted living communities are designed for individuals who want to maintain a level of independence but may need assistance with a few of their daily living activities, such as bathing, getting dressed and preparing meals. Assisted living communities provide companionship, security, and assistance with the activities of daily living that seniors may require in an environment that promotes and enhances independence.

At WillowBrook we provide our residents with state-of-the-art care in an environment that promotes and enhances their independence. Our trained, compassionate and dedicated staff create a safe, healthy, and loving home environment for each of our residents. We care for each resident individually, so they receive the appropriate assistance for their level of need. We work with each of our residents, understanding their needs first and then crafting together a plan that fits their situation. We also monitor our residents' needs during their stay and can easily adjust plans at any time. Our residents enjoy life with the confidence of knowing we are here for them in whatever way they need, 24 hours a day, seven days a week.



## Services & Amenities

Life is good here at WillowBrook! We've invested time in developing the best services and amenities to make our community stand out. WillowBrook offers quality amenities, activities, and lifestyle choices while promoting and preserving our residents' independence and integrity.

### Physical & Social Activities

- Exercise Classes
- Indoor Games
- Movies, concerts & other social events
- Bible Study
- Bingo & card games
- Shopping
- Arts & crafts
- Reminiscent Therapy
- Outdoor barbecues
- Holiday parties & socials
- Resident Council meetings
- Group sing-a-longs
- Guest speakers & presentations by local volunteer groups
- Birthday parties
- Ice cream socials

### Dining Services

- Breakfast, lunch and dinner served restaurant-style in three separate dining rooms, all with great views of the campus, pond, and wildlife
- Fine food carefully prepared to exacting standards
- Private dining for families or special events
- Snacks, fruit and drinks available 24/7

### Resident Services

- 24/7 Supervision with a full-time nurse and assistance by healthcare staff
- Scheduled transportation for activities and assistance with transportation for personal medical appointments
- Assistance with activities of daily living
- Housekeeping, linen and laundry services
- Move-in coordination

### Community Features

- Activities room
- Elegant, comfortable living room with fireplace and piano
- Beauty salon / barber shop
- Front porch, patios, gazebo area and pond
- Screened porch
- Large screen TV room
- Library
- On-site parking

### Respite Services

- Same amenities as Assisted Living Residents

## Standard Apartment

WillowBrook's standard apartments are located in A and B Halls. Standard Apartment residents dine in our Montgomery Dining Room, located in A Hall.



275 SQ FT

### Features & Services

- Comfortably sized living unit
- Assistance with activities of daily living
- Emergency response & safety systems in bedroom & bath - call lights, sprinkler system, and smoke detectors with audible alerts
- Individually controlled heating & cooling unit
- Spacious bathroom with a handicapped shower with seat and no-trip entry
- 24-hour nursing services, including assistance with self administration of medications
- 3 meals served daily
- Snacks, fruit, and drinks available 24 hours a day
- Housekeeping, linen and laundry service
- Assistance with scheduling transportation for doctors visits and appointments
- Daily social activities
- Group transportation for social activities
- All utilities included
- Cable ready

## Deluxe Apartment

Our Deluxe Apartments are located in C Hall. All C Hall residents dine in the DeSoto Dining Room, located in C Hall.



336 SQ FT

### Features & Services

- Comfortably sized living unit with a closet that maximizes storage and personal space
- Assistance with activities of daily living
- Emergency response & safety systems in bedroom & bath - call lights, sprinkler system, and smoke detectors with audible alerts
- Individually controlled heating & cooling unit
- Spacious bathroom with a handicapped shower with seat and no-trip entry
- 24-hour nursing services, including assistance with self administration of medications
- 3 meals served daily
- Snacks, fruit, and drinks available 24 hours a day
- Housekeeping, linen and laundry service
- Assistance with scheduling transportation for doctors visits and appointments
- Daily social activities
- Group transportation for social activities
- All utilities included
- Cable ready

## Luxury Apartment

Our Luxury Apartments are located in our newest building addition, D Hall. All D Hall residents dine in the SantaFe Dining Room, located in D Hall.



375 SQ FT

### Features & Services

- Comfortably sized living unit with a closet and a linen closet that maximizes storage and personal space
- Assistance with activities of daily living
- Emergency response & safety systems in bedroom & bath - call lights, sprinkler system, and smoke detectors with audible alerts
- Individually controlled heating & cooling unit
- Spacious bathroom with a handicapped shower with seat and no-trip entry
- 24-hour nursing services, including assistance with self administration of medications
- 3 meals served daily
- Snacks, fruit, and drinks available 24 hours a day
- Housekeeping, linen and laundry service
- Assistance with scheduling transportation for doctors visits and appointments
- Daily social activities
- Group transportation for social activities
- All utilities included
- Cable ready